

MIAC Outdoor Championship
 Saint Olaf College | Thu, Apr 30 - Sat, May 9, 2026
 Meet Program

Mens 100 Meters Decathlon Collegiate

⌚ Thu, Apr 30, 12:00 PM

Section 1 of 3 Finals

2	Charles VanGrinsven	Fr	SAINT JOHN'S (MINN.)	12.02
3	Alan Haglin	So	HAMLIN	12.05
4	Josh Peterson	Jr	CONCORDIA MOORHEAD	12.12
5	Jesse Olson	Jr	ST. OLAF	12.10
6	Brendan Steinhofer	Fr	ST. OLAF	

Section 2 of 3 Finals

2	Josh Pretasky	Fr	SAINT JOHN'S (MINN.)	11.88
3	Reese Anderson	Sr	CARLETON	11.91
4	Timothy Hubers	Fr	BETHEL (MINN.)	11.65
5	Aaron Elseth	Sr	BETHEL (MINN.)	11.69
6	Reed White	Fr	CARLETON	11.46
7	Soren Kaster	Jr	CARLETON	11.61

Section 3 of 3 Finals

2	Michael Crowder	Fr	CONCORDIA MOORHEAD	11.37
3	Amos Anderson	Fr	GUSTAVUS ADOLPHUS	11.34
4	Connor McCormick	Sr	GUSTAVUS ADOLPHUS	11.42
5	Alex Palmer	So	GUSTAVUS ADOLPHUS	10.89
6	Eli Leafblad	Jr	BETHEL (MINN.)	11.36
7	Bailey Evans	So	SAINT JOHN'S (MINN.)	10.76

Mens 400 Meters Decathlon Collegiate

⌚ Thu, Apr 30, 6:30 PM

Section 1 of 3 Finals

4	Brendan Steinhofer	Fr	ST. OLAF	
5	Josh Peterson	Jr	CONCORDIA MOORHEAD	1:01.47
6	Jesse Olson	Jr	ST. OLAF	55.42
7	Alan Haglin	So	HAMLIN	56.98
8	Josh Pretasky	Fr	SAINT JOHN'S (MINN.)	56.57

Section 2 of 3 Finals

3	Alex Palmer	So	GUSTAVUS ADOLPHUS	53.29
4	Charles VanGrinsven	Fr	SAINT JOHN'S (MINN.)	55.25
5	Aaron Elseth	Sr	BETHEL (MINN.)	54.39
6	Eli Leafblad	Jr	BETHEL (MINN.)	55.40
7	Amos Anderson	Fr	GUSTAVUS ADOLPHUS	54.84
8	Reese Anderson	Sr	CARLETON	53.32

Section 3 of 3 Finals

3	Bailey Evans	So	SAINT JOHN'S (MINN.)	52.75
4	Connor McCormick	Sr	GUSTAVUS ADOLPHUS	52.97
5	Soren Kaster	Jr	CARLETON	51.87
6	Timothy Hubers	Fr	BETHEL (MINN.)	52.77
7	Reed White	Fr	CARLETON	51.39
8	Michael Crowder	Fr	CONCORDIA MOORHEAD	51.31

Mens 110m Hurdles Decathlon Collegiate

⌚ Fri, May 1, 10:30 AM

Section 1 of 6 Finals

3	Josh Peterson	Jr	CONCORDIA MOORHEAD	19.98
5	Brendan Steinhofer	Fr	ST. OLAF	21.84

Section 2 of 6 Finals

3	Charles VanGrinsven	Fr	SAINT JOHN'S (MINN.)	19.54
5	Alex Palmer	So	GUSTAVUS ADOLPHUS	18.93
7	Josh Pretasky	Fr	SAINT JOHN'S (MINN.)	19.29

Section 3 of 6 Finals

3	Jesse Olson	Jr	ST. OLAF	17.90
5	Alan Haglin	So	HAMLIN	17.01
7	Reed White	Fr	CARLETON	17.61

Section 4 of 6 Finals

3	Timothy Hubers	Fr	BETHEL (MINN.)	16.99
5	Reese Anderson	Sr	CARLETON	16.69
7	Michael Crowder	Fr	CONCORDIA MOORHEAD	16.74

Section 5 of 6 Finals

3	Eli Leafblad	Jr	BETHEL (MINN.)	16.38
5	Amos Anderson	Fr	GUSTAVUS ADOLPHUS	16.33
7	Bailey Evans	So	SAINT JOHN'S (MINN.)	16.59

Section 6 of 6 Finals

3	Aaron Elseth	Sr	BETHEL (MINN.)	16.13
5	Connor McCormick	Sr	GUSTAVUS ADOLPHUS	15.86
7	Soren Kaster	Jr	CARLETON	15.95

Mens 1500 Meters Decathlon Collegiate

⌚ Fri, May 1, 6:20 PM

Section 1 of 1 Finals

1	Reed White	Fr	CARLETON	4:28.89
2	Soren Kaster	Jr	CARLETON	4:31.22
3	Reese Anderson	Sr	CARLETON	4:53.63
4	Connor McCormick	Sr	GUSTAVUS ADOLPHUS	4:55.00
5	Timothy Hubers	Fr	BETHEL (MINN.)	4:56.62
6	Amos Anderson	Fr	GUSTAVUS ADOLPHUS	4:59.10
7	Jesse Olson	Jr	ST. OLAF	4:59.62
8	Michael Crowder	Fr	CONCORDIA MOORHEAD	5:02.10
9	Charles VanGrinsven	Fr	SAINT JOHN'S (MINN.)	5:05.81
10	Bailey Evans	So	SAINT JOHN'S (MINN.)	5:07.97
11	Alex Palmer	So	GUSTAVUS ADOLPHUS	5:15.23
12	Alan Haglin	So	HAMLIN	5:18.90
13	Brendan Steinhofer	Fr	ST. OLAF	5:22.40
14	Eli Leafblad	Jr	BETHEL (MINN.)	5:25.42
15	Aaron Elseth	Sr	BETHEL (MINN.)	5:40.49
16	Josh Peterson	Jr	CONCORDIA MOORHEAD	5:52.52
17	Josh Pretasky	Fr	SAINT JOHN'S (MINN.)	6:24.35

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Mens Long Jump Decathlon Collegiate

⌚ Thu, Apr 30, 12:40 PM

Flight 1 of 1 Finals

1	Michael Crowder	Fr	CONCORDIA MOORHEAD	6.09m
2	Jesse Olson	Jr	ST. OLAF	6.07m
3	Reese Anderson	Sr	CARLETON	5.77m
4	Charles VanGrinsven	Fr	SAINT JOHN'S (MINN.)	5.85m
5	Josh Pretasky	Fr	SAINT JOHN'S (MINN.)	6.32m
6	Brendan Steinhofer	Fr	ST. OLAF	5.20m
7	Alex Palmer	So	GUSTAVUS ADOLPHUS	6.21m
8	Eli Leafblad	Jr	BETHEL (MINN.)	6.34m
9	Bailey Evans	So	SAINT JOHN'S (MINN.)	6.43m
10	Connor McCormick	Sr	GUSTAVUS ADOLPHUS	6.19m
11	Amos Anderson	Fr	GUSTAVUS ADOLPHUS	6.39m
12	Alan Haglin	So	HAMLIN	5.83m
13	Soren Kaster	Jr	CARLETON	6.31m
14	Aaron Elseth	Sr	BETHEL (MINN.)	5.73m
15	Josh Peterson	Jr	CONCORDIA MOORHEAD	5.74m
16	Timothy Hubers	Fr	BETHEL (MINN.)	5.77m
17	Reed White	Fr	CARLETON	5.88m

Mens Shot Put Decathlon Collegiate

⌚ Thu, Apr 30, 2:10 PM

Flight 1 of 1 Finals

1	Charles VanGrinsven	Fr	SAINT JOHN'S (MINN.)	9.41m
2	Josh Pretasky	Fr	SAINT JOHN'S (MINN.)	12.00m
3	Connor McCormick	Sr	GUSTAVUS ADOLPHUS	10.45m
4	Reed White	Fr	CARLETON	6.35m
5	Jesse Olson	Jr	ST. OLAF	10.09m
6	Aaron Elseth	Sr	BETHEL (MINN.)	12.35m
7	Brendan Steinhofer	Fr	ST. OLAF	7.88m
8	Eli Leafblad	Jr	BETHEL (MINN.)	10.66m
9	Bailey Evans	So	SAINT JOHN'S (MINN.)	13.72m
10	Alan Haglin	So	HAMLIN	8.52m
11	Timothy Hubers	Fr	BETHEL (MINN.)	10.89m
12	Josh Peterson	Jr	CONCORDIA MOORHEAD	10.54m
13	Soren Kaster	Jr	CARLETON	10.83m
14	Michael Crowder	Fr	CONCORDIA MOORHEAD	10.10m
15	Alex Palmer	So	GUSTAVUS ADOLPHUS	9.21m
16	Reese Anderson	Sr	CARLETON	11.13m
17	Amos Anderson	Fr	GUSTAVUS ADOLPHUS	10.25m

Mens High Jump Decathlon Collegiate

⌚ Thu, Apr 30, 3:40 PM

Flight 1 of 1 Finals

1	Brendan Steinhofer	Fr	ST. OLAF	1.55m
2	Alex Palmer	So	GUSTAVUS ADOLPHUS	1.56m
3	Reed White	Fr	CARLETON	1.58m
4	Charles VanGrinsven	Fr	SAINT JOHN'S (MINN.)	1.59m
5	Josh Peterson	Jr	CONCORDIA MOORHEAD	1.61m
6	Timothy Hubers	Fr	BETHEL (MINN.)	1.65m
7	Aaron Elseth	Sr	BETHEL (MINN.)	1.65m
8	Reese Anderson	Sr	CARLETON	1.66m
9	Michael Crowder	Fr	CONCORDIA MOORHEAD	1.67m
10	Eli Leafblad	Jr	BETHEL (MINN.)	1.71m
11	Alan Haglin	So	HAMLIN	1.73m
12	Josh Pretasky	Fr	SAINT JOHN'S (MINN.)	1.74m
13	Amos Anderson	Fr	GUSTAVUS ADOLPHUS	1.74m
14	Soren Kaster	Jr	CARLETON	1.75m
15	Jesse Olson	Jr	ST. OLAF	1.82m
16	Connor McCormick	Sr	GUSTAVUS ADOLPHUS	1.86m
17	Bailey Evans	So	SAINT JOHN'S (MINN.)	1.89m

Mens Discus Decathlon Collegiate

⌚ Fri, May 1, 11:20 AM

Flight 1 of 1 Finals

1	Alex Palmer	So	GUSTAVUS ADOLPHUS	26.03m
2	Jesse Olson	Jr	ST. OLAF	27.54m
3	Reed White	Fr	CARLETON	22.97m
4	Aaron Elseth	Sr	BETHEL (MINN.)	30.72m
5	Josh Pretasky	Fr	SAINT JOHN'S (MINN.)	21.20m
6	Michael Crowder	Fr	CONCORDIA MOORHEAD	21.50m
7	Reese Anderson	Sr	CARLETON	35.69m
8	Amos Anderson	Fr	GUSTAVUS ADOLPHUS	31.06m
9	Connor McCormick	Sr	GUSTAVUS ADOLPHUS	30.38m
10	Brendan Steinhofer	Fr	ST. OLAF	22.37m
11	Timothy Hubers	Fr	BETHEL (MINN.)	31.49m
12	Alan Haglin	So	HAMLIN	25.03m
13	Eli Leafblad	Jr	BETHEL (MINN.)	38.47m
14	Soren Kaster	Jr	CARLETON	33.66m
15	Bailey Evans	So	SAINT JOHN'S (MINN.)	37.63m
16	Charles VanGrinsven	Fr	SAINT JOHN'S (MINN.)	26.83m
17	Josh Peterson	Jr	CONCORDIA MOORHEAD	31.60m

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Mens Pole Vault Decathlon Collegiate

⌚ Fri, May 1, 12:50 PM

Flight 1 of 1 Finals

1	Brendan Steinhofer	Fr	ST. OLAF	
2	Charles VanGrinsven	Fr	SAINT JOHN'S (MINN.)	3.10m
3	Michael Crowder	Fr	CONCORDIA MOORHEAD	3.15m
4	Alan Haglin	So	HAMLIN	3.40m
5	Josh Pretasky	Fr	SAINT JOHN'S (MINN.)	3.40m
6	Jesse Olson	Jr	ST. OLAF	3.40m
7	Eli Leafblad	Jr	BETHEL (MINN.)	3.46m
8	Timothy Hubers	Fr	BETHEL (MINN.)	3.50m
9	Josh Peterson	Jr	CONCORDIA MOORHEAD	3.50m
10	Aaron Elseth	Sr	BETHEL (MINN.)	3.70m
11	Bailey Evans	So	SAINT JOHN'S (MINN.)	3.70m
12	Amos Anderson	Fr	GUSTAVUS ADOLPHUS	4.25m
13	Reed White	Fr	CARLETON	4.25m
14	Connor McCormick	Sr	GUSTAVUS ADOLPHUS	4.25m
15	Alex Palmer	So	GUSTAVUS ADOLPHUS	4.28m
16	Reese Anderson	Sr	CARLETON	4.32m
17	Soren Kaster	Jr	CARLETON	4.45m

Mens Javelin Decathlon Collegiate

⌚ Fri, May 1, 4:50 PM

Flight 1 of 1 Finals

1	Soren Kaster	Jr	CARLETON	47.84m
2	Timothy Hubers	Fr	BETHEL (MINN.)	31.89m
3	Charles VanGrinsven	Fr	SAINT JOHN'S (MINN.)	29.14m
4	Amos Anderson	Fr	GUSTAVUS ADOLPHUS	37.09m
5	Reed White	Fr	CARLETON	28.36m
6	Aaron Elseth	Sr	BETHEL (MINN.)	38.89m
7	Reese Anderson	Sr	CARLETON	53.49m
8	Alan Haglin	So	HAMLIN	30.72m
9	Josh Pretasky	Fr	SAINT JOHN'S (MINN.)	44.07m
10	Alex Palmer	So	GUSTAVUS ADOLPHUS	33.70m
11	Bailey Evans	So	SAINT JOHN'S (MINN.)	51.97m
12	Jesse Olson	Jr	ST. OLAF	44.83m
13	Brendan Steinhofer	Fr	ST. OLAF	24.91m
14	Michael Crowder	Fr	CONCORDIA MOORHEAD	34.36m
15	Eli Leafblad	Jr	BETHEL (MINN.)	40.03m
16	Connor McCormick	Sr	GUSTAVUS ADOLPHUS	44.59m
17	Josh Peterson	Jr	CONCORDIA MOORHEAD	46.50m